

# Hayes Barton

FEBRUARY 2019

A PUBLICATION FOR AND BY THE  
RESIDENTS OF HAYES BARTON

# LIVING

MEET

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## **INSIDE THIS ISSUE:**

- You are invited: HB Family Valentine's Party at Johnson Lexus – special kids' corner creating homemade ice cream!
- A true love story with Chuck and Marianne Wachtel
- Cotton & Sawyer protect baby Becca

... and more!



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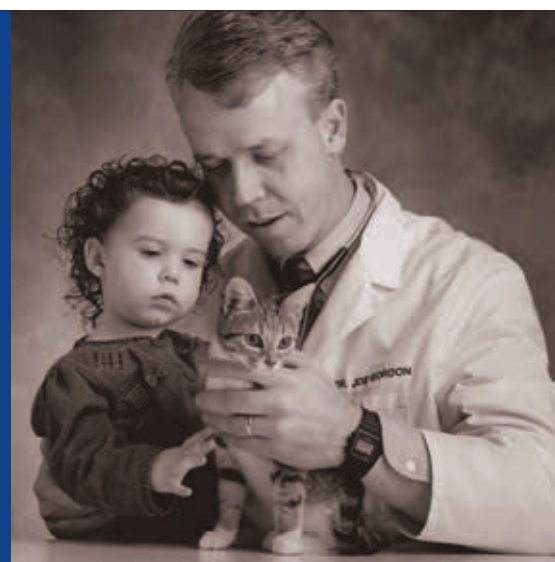
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## Ashley Lloyd, DDS

Dr. Ashley Lloyd has been providing compassionate dental care in Raleigh since 1996 when she graduated from the University of North Carolina at Chapel Hill School of Dentistry. Dr. Lloyd also studied at George Washington University and UNC-Chapel Hill, where she earned her undergraduate degree in biology. Dr. Lloyd was born in Portland, Oregon where she still has family, but has lived more than half her life in NC and has been fortunate enough to live in several East Coast states and abroad.

## Their philosophy

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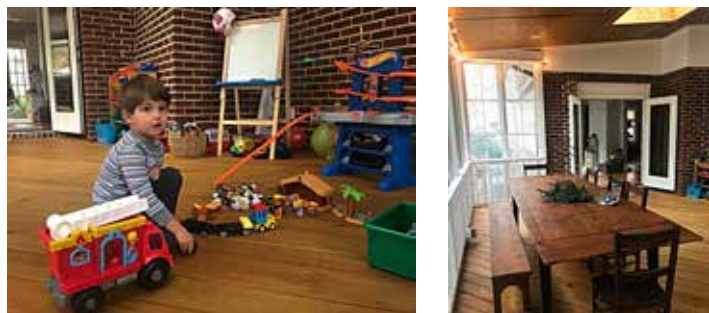
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# LOVING OUR THREE-SEASON PORCH

Interviewed/written by Angie Williams

Sometimes all it takes is just a small place in our homes to retreat and revive our souls. John and Stephanie Shepherd on St. Mary's Street found this is what they wanted too. Although they have a lovely sunroom in which they expanded, they really desired a place where they could retreat and relax as a family with a more versatile open space. They envisioned this room to be a playroom for adults



as well as for their son Ethan, who was a beginning toddler at the time. Ethan is now 4 years old and has a special place where he is free to imagine he is a caretaker of his zoo, a fireman with the help of his favorite masked crusader Robin, or possibly a race car driver.

They started by blowing out the existing sunroom windows in order to make French doors that lead to the three-season porch. Their new seasonal haven was built in 2016 alongside the garage where a big part of their yard was. The three-season windows pop up and down with screens and plastic to encourage the flow of air and to keep the bugs out!

"We wanted it to be as tall as possible (16 feet) to allow for the skylight. When we blew out the sunroom walls it was tricky trying to match the brick because the house was built in the 1930s. The builders did a great job finding a brick that looks almost the same," Stephanie explains with excitement. The deck floor is unique in that the slabs are neck to neck to eliminate spaces. The Shepherds decided to put a fine-weaved screen underneath the deck to eliminate spiders, ants and mosquitoes ... very smart!

The perfect find was a farm table from Revival Antiques. "Our plans are to have parties, so we wanted something that would cover lots of space and also large enough for entertaining," Stephanie and John smile at the thought. "My aunt was given these old chairs for her retirement. We saw them hanging in her barn and knew they would be a perfect match to the table. They were used at Rocky River Friends Meeting, a Quaker church in Chatham County circa the late 1800s. The bench was made by my grandfather that we refinished. We are enjoying having different touches of older days as we sit around this table."

"We love the porch! It's been a lifesaver with Ethan having a space where he can play and be safe. We have our area where we can relax and he has his space. When it's raining or too hot or too muggy we can just come in here and enjoy the outdoors." John and Stephanie agree this is the best change they have done to their home.

"We have a wish list of a few more modifications we would like to do ... maybe a big screen TV!" Stephanie says as she giggles towards John.

Thank you, John, Stephanie and Ethan for sharing with us your favorite place in your home!

(The dimensions of this space are: 20w x 32l x 9h' - 16h')

By N2 Staff Writer, Elizabeth McCabe

# GO NUTS OVER



### Nuts Lower Inflammation

With every nut you eat, you are lowering your level of inflammation. How is this possible? Thanks to the anti-inflammatory properties of nuts, you can enjoy a healthier lifestyle with each crunch. Nuts have phenolic compounds, fiber, vitamin E, and polyunsaturated fats. This is great news for those trying to adopt a healthier lifestyle. Surprisingly, nuts may also reduce cancer rates by up to 40 percent.

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When it comes to heart health, never underestimate the far-reaching benefits of nuts. Snack on three servings a week to reduce your risk of heart disease by up to 55 percent. Want to reduce your risk of cancer? Walnuts keep blood vessels healthy and may reduce the risk of heart disease. Though classified as a legume, peanuts, which have resveratrol, are also associated with a reduction of heart disease.

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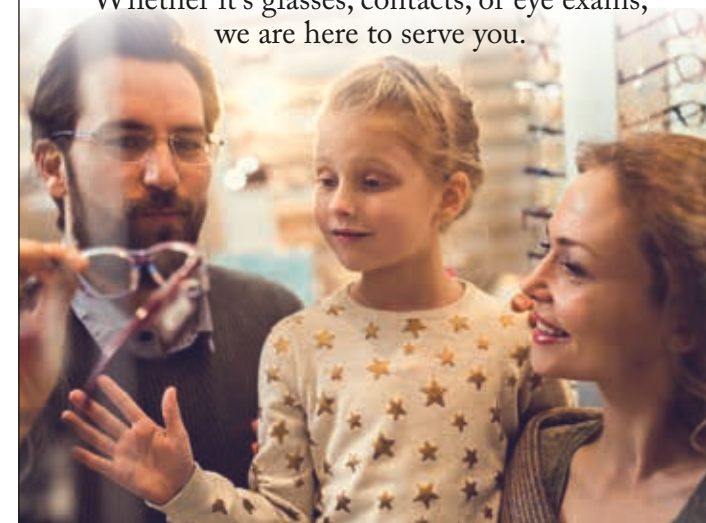
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# COFFEE

WITH THE

# Publisher

It has been so nice meeting some of you, and I think it would be nice to have a time where we can get together and just get out, catch up and enjoy a cup of coffee.

If you would like to meet me and some of your neighbors, please join me at Third Place Coffee the first and third Friday each month at 10 am. For any changes to this schedule, I will post them on the HB Facebook page: [facebook.com/HayesBartonLiving](https://facebook.com/HayesBartonLiving), as well as emails.



I will be looking forward to seeing you there!

Starting March 1 and ending November 15!

Mizpah,  
Angie Williams



Peggy Churn endures the cold to participate in the re-beautification of Hayes Barton!




yard of the month

## Loving the Land We Live on

Let the Replanting Begin!

Raleigh Parks, Recreation and Cultural Resources Department and the crew from District 4 spent a weekend along with volunteers from Dell Computers transforming the natural areas along Cowper, Glen and Holt Drive. A generous donation from a neighbor began this transformation by taking down and shredding old trees and shrubbery, planting 40 more trees, 2,000 bulbs and 30 shrubs. If you get a moment, please drive by and see how beautiful it looks now.

It was to my surprise as I stopped by for this photo shoot, that one of your neighbors, Peggy Churn, was shovel-deep into the ground, making way for a new tree. It was a cold, yet sunny day and there she was pitching in to help the revitalization project for the neighborhood! Way to go, Peggy!

 Spring is in the air. Reach out to me so we can share your pretty blooms and gardens with your neighbors or just email photo directly to me ([angie.williams@n2pub.com](mailto:angie.williams@n2pub.com) or 919-244-7354).

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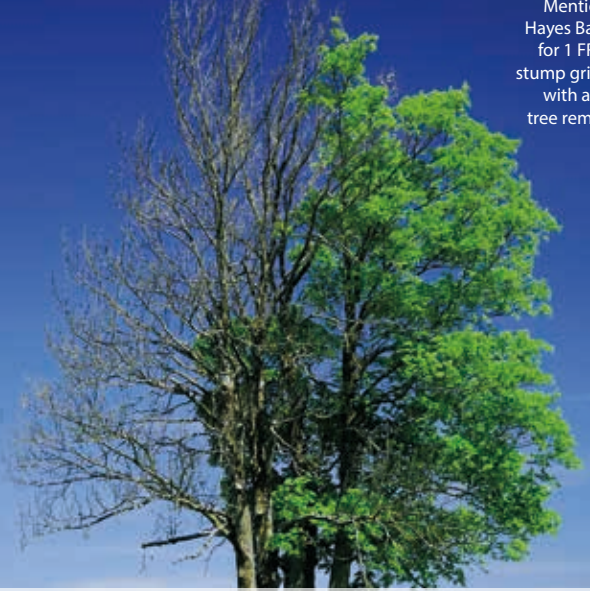
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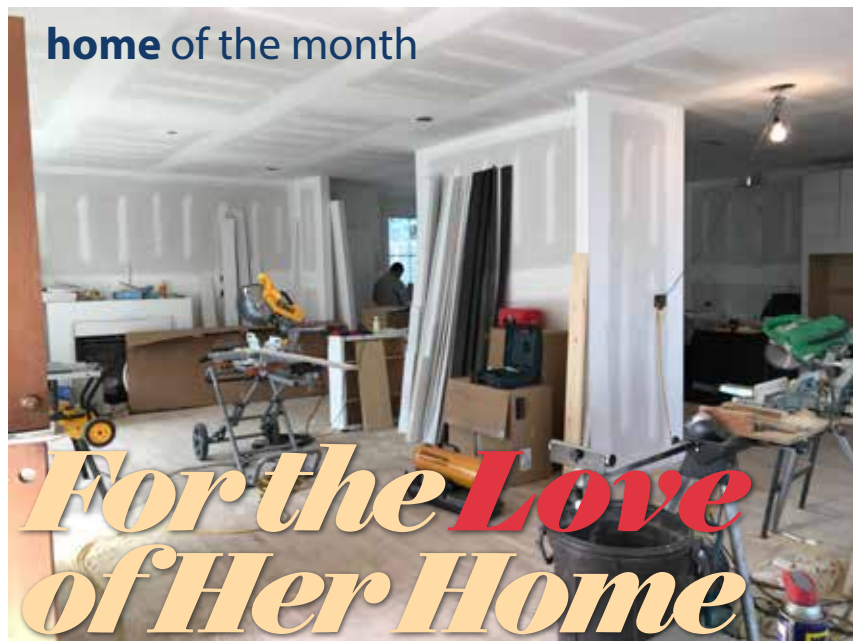


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home of the month



# For the Love of Her Home

## The Final Stages of Janel Dinley's Renovation

Janel Dinley has shared with you the stages of her home renovation and she is excited, to say the least, that it is almost complete!

Some of the walls still need to be hung, floors installed, cabinets and cupboards, plumbing and electricity, too .. but it is almost time for Janel to come back home!

Our next article will be with Janel in her completed home sweet home!



financial fitness

# Making Better Financial Decisions



Written by Sam Bass, president, Beacon Wealthcare

Working closely with people and their money for almost 35 years, I've learned a fair amount about human behavior. As doctors observe the physical impact of bad health habits and counselors uncover years of personal and relational damage from bad life choices, we as financial advisors often see lifestyles destroyed or diminished by bad financial decisions. Emotions rule our decisions more often than we care to admit.

Back when I was getting started in the business as a young stockbroker with a mid-sized regional firm called Carolina Securities, based in Raleigh, a friend lined me up with a small retirement plan seeking new management. At the meeting, I learned we would all remain at the table and present in turn. I don't remember much about the third guy, but the second - the Merrill guy - was dressed like a Madison Avenue ad executive pitching to the top brass at Coca-Cola.

I was in a gray pinstriped hand-me-down suit, one my retiring stockbroker uncle had given me. After my presentation, the Merrill guy presented. He was confident and commanding, but what I remember most was his giant all-gold Rolex watch as he gestured and pointed.

A few days later, the call came. The committee was unanimously in favor of the guy from Merrill. To console me, my friend shared that they were impressed with my presentation, facts, process, and the earnestness of delivery. "So, why didn't they go with us?" I asked.

"They were all so deeply impressed with the guy's watch," he said. "It reeked of success and they wanted some too." Once again, to console me, my friend suggested that his co-workers were highly impressionable and unsophisticated in social and financial matters.

More recently, I was chatting with a banker who sat on the board of a large local foundation. They had just wrapped up five presentations from investment management firms to select a successor to their current manager. Asked of their decision, he sheepishly said that after being totally confused by their complex presentations, the board voted to stick with their own manager, a manager they didn't like. It was an unsatisfying choice, but at least they wouldn't risk doing worse. In both cases, unsophisticated and sophisticated people addressed complex decisions, not with analysis and objectivity, but with subjectivity.

Investing and finances can be complex, but we understand deep down that emotional decisions rarely work out well for us. As advisors, we see the cumulative cost of bad financial decisions. It emboldens us to continuously press the question: How much better would your lifestyle be if you made smarter financial decisions more often? You would be amazed at how relatively small tweaks or behavioral changes along the way compound to tens of thousands or hundreds of thousands of dollars of additional wealth down the road.

Thoughtful and intentional planning, combined with smart and efficient investment management, work together to steer you through financial complexity as you make better decisions to ensure confidence in meeting or exceeding every important goal you value.

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# Planning for Incapacity, Part 1

Written by Stephen P. Stewart

When most people think of estate planning, they think in terms of wills and trusts and other planning techniques that take effect at death. However, planning for potential incapacity is equally critical to a sound, comprehensive estate plan.

If you live long enough, chances are that you will come to a point at which you are no longer able to handle all of your affairs on your own. Sometimes incapacity is the result of Alzheimer's, dementia or other cognitive impairment associated with advanced

age. Sometimes incapacity occurs earlier in life from other causes such as traumatic head injuries or other conditions. No matter the timing or the cause, incapacity can have severe repercussions on your lifestyle and your finances if you fail to plan properly.

Assume you become fully incapacitated and are unable to make any decisions regarding your health and welfare and have not done any prior planning. Someone, not necessarily of your choosing, will have to ask a court to declare you incompetent and appoint a guardian for you. As part of the proceeding, the court will appoint a guardian ad litem to represent you in the proceeding to make sure you are actually incompetent. Additionally, the court may order examinations by various medical professionals to assist in the determination of incapacity. All of the professional fees and court costs associated with the proceeding are paid from your assets.

Once you are adjudicated incompetent, the nominated guardian must post a bond which is renewed annually, the premiums for which are paid out of your assets. Shortly after the guardian is appointed, he or she must file an inventory of your assets with the court and, thereafter, file annual accounts with the court until you are restored to capacity or die. There are court fees and, usually, attorney fees associated with each inventory and account.

In addition to the costs, there is a loss of privacy as guardianship proceedings are court records available to the public. Further, actions of a guardian are governed by statutory rules that may be inconsistent with your wishes with regard to the management of your affairs and which often require prior court approval before a guardian acts.

For these reasons, a guardianship is something most would prefer to avoid. Over the next two months, we will examine estate planning tools to help avoid guardianships.

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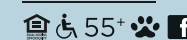
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# A Glance, a Hello and a Love 52 Years Later

## MEET MARIANNA & CHUCK WACHTEL

Professional photos by Portraits by Yolanda

A blind date at The Players Retreat and an instant attraction has kept Chuck and Marianne together for 52 years come this April!

At the time, Marianne worked for IBM and so did Chuck's old fraternity brother. As this love story begins, this brother kept setting Marianne up with motorcycle enthusiasts who she did not find to be quite what she was looking for in a long-term relationship.

The brother, as Marianne says, "had just one more he wanted to introduce to me," and as she fretted about it, she agreed to go on one more blind date! "He took me to The Players Retreat where he introduced me to Chuck and it was just instant!" And as I sat there listening to this romantic story of how love was almost lost if it hadn't been for just one more try, Chuck again says while snapping his fingers "it was instant!"

Marianne was a graduate at UNC and Chuck was an NC State graduate. He not only played football, he was an award-winning offense and defensive tackle player! "He probably would have played for the pros had he not hurt his back," Marianne says with love in her eyes.

When they were married, they bought a duplex on Old Winton Road and lived on one side and rented the other side. This road

is now Atlantic Ave. They moved into one of the first homes built on St. Mary's Street, the house they've lived in for 42 years now. The house where they raised their two children, Cam and Tori, and where Marianne taught piano.

Cam served in the Navy Intelligence for four years and his wife Stacy studied hard and graduated college in three years. Their son-in-law Clint, retired from the Army as a Lt. Colonel, serving 21 years. Their daughter Tori has a math and science degree, teaching high school students, but went back to school at the age of 40 and received her dental hygienist degree and now works for a periodontist. They also have three beautiful granddaughters.

There is another love story in the midst of their love story. It happens to be a story about how he goes by "Chuck." "My mother's boyfriend at the time, which was also my father's close friend, was named Chuck," explains Chuck. So, in case this needs to be explained further, he's named after his mom's boyfriend and his father's close friend. However, his birth certificate says Martin Luther Wachtel III. "It's complicated," says Marianne, as we all begin laughing!

Marianne enjoys playing the piano and taught for about 13 years before she went into real estate and retired 25 years later. "I had



great ambitions to be a concert pianist after I started playing at the age of 6, but I found that I love children and helped with the church choir at St. Michaels for about 12 years teaching first-, second and third-graders. I began teaching piano so I could be home when my children came home from school. I loved it and taught 30 children a week and some adults at night.

Chuck loves to hike and golf. "About 25 years ago, several of us ran and did several marathons and triathlons. Then we started hiking the Appalachian Trail. We started at the beginning of the trail at Springer Mountain, Georgia. We would walk about 50 miles each time and would arrange for someone to bring our car to pick us up. We always ended up in a town that had a nice hotel and a restaurant so we could take a shower and have some fun! We went every year, mostly in the spring but a couple of times in the fall. It all started way back when I worked for the NC Department of Transportation. We were building Interstate 40 through the mountains. I've played golf since I was a kid, it's my worst sport though," as he laughs, "I have had three holes in one. When I was younger, I had about a nine or 10 handicap - as I've gotten older, I'm about a 20," and he laughs.

"Some people look at their life and think about their grievances - Chuck and I look at life and think about our blessings. We've had to work at it as anybody else would and we're very, very grateful that we have each other and our family. By the grace of God, we have survived our health issues ... and I give thanks to my God, my Chuck, my family and my friends."

"I think it's important to tell our readers how you and I met you, Angie. One night I could not sleep because of my traumatic physical issue I had for six months. As I flipped through a variety of magazines, I happened to flip through the December issue of the *Hayes Barton Living* magazine and as I read the editorial, I read the family losses that were devastating, traumatic, and heartbreaking of what was happening to you and your family at that time, and here I was complaining and upset because I had my health problems and someone else had theirs. My issue paled in comparison to what you had and what you were suffering with for the rest of your life from the loss. I just had to email you, because we had never met, to tell you that because of your strength and courage, you gave me strength and courage. Your issues and my friend's major issues made me realize to get up, to get going. I may be uncomfortable but I'm on my feet!"



Chuck added, "Because Marianne had been sick for a while, I said to her: 'the most important thing is that you need to get your mind off yourself, that's very important, and do something for somebody else.' So your magazine got her mind off of her and took on you."

"My parents instilled strong moral values in my early years, words that still ring true, which I have tried to impart on our own children. Chuck and I both believe in the value of honest hard work, the decency of character and thoughtful care to others when needed. We live in a mad world today. When someone I do not even know leaves a bouquet of flowers and another person a book at my front door, with only their first name, wishing me good health, truly that is love for a neighbor.

Marianne and Chuck's favorite restaurants are the Glenwood Grill, Irregardless Care & Catering and Hayes Barton Café.

*It is I that was blessed! Because I now know these two wonderful, loving people! It touches me greatly that you reached out to me in my tragic month and I am ever so grateful that you are now part of my life!*

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**Anderson and Campbell Brown's** furry family members consist of Cotton, a 5-year-old West Highlands White Terrier, and Sawyer, a 4-year-old Yellow English Lab.

This dynamic duo, along with the newest human member of the family, 5-month-old Becca, have combined to ensure that the Brown household is a continuous whirl of canine and baby activity on Harvey Street.


The two pups came into the family to resolve an impasse between husband and wife. Anderson grew up with Westies, and couldn't imagine life without one. Campbell came from a family devoted to English Labs. So, the obvious solution was to acquire one of each. Cotton came first, and then Sawyer joined the family as a wedding present from wife to husband.

Cotton and Sawyer immediately welcomed the new baby, and have appointed themselves as her steadfast companions and guardians. Wherever Becca is, that is precisely where her canine siblings insist upon being. Any time there's a missing dog, just find the baby, and that's where she'll be.

As for eccentricities, when Cotton was a puppy, the family lived in a cul-de-sac. From time to time, Cotton would escape and run wild circles around the neighborhood with both Browns in hot pursuit. On one occasion, Cotton ended up falling into a Koi pond. It was a genuine Keystone Cops experience.

Despite her rambunctious youth, Cotton has matured into a responsible adult. Or, at least she'd like her family to think so. Once Sawyer and a canine visitor managed to knock over the dog food container, whereupon both ate until they made themselves sick. Meanwhile, Cotton hid behind the furniture to ensure she would not be associated with such misconduct.

The Browns have successfully melded their two- and four-legged family members into a loving – not to mention fun-loving – circle of mutual love and affection. And that is an accomplishment worth saluting.

 We are also wanting to feature unique pets. Do you have a cat, snake, turtle, or any other animal? Please contact [Angie.williams@n2pub.com](mailto:Angie.williams@n2pub.com).

# Love & Protection OF BABY BECCA

Written by residents **George and Paula Warren**

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Interviewed/written by Angie Williams



### Choosing a storage place

I think a drive-by is important to most people. People like to be close to their things and it's important for the building to have a nice curb appeal and that it looks safe. Having a staff that people feel they trust their items with is also very important. We are a family-owned company. We don't treat customers like a number. We treat our customers like family and get to know them personally.

We have a connection to Hayes Barton, and we are happy to be a part of the Hayes Barton community with our StorageMax facility on the corner of Whitaker Mill and Wake Forest Roads.



### Donna Moran – Chief Operating Officer

The facility on Whitaker Mill is now called StorageMax Iron Works – Iron Works is located behind StorageMax and it is comprised of the new age living surrounded by condos/shopping/dining.

I've been with StorageMax for over 17 years starting on Gresham Lake Road. After the purchase of this facility and renovation, they renovated the original locations to bring them up to date and modernize them, as well as the Brentwood location. The Whitaker location has been remodeled inside and new units have been added in the back. All facilities are climate controlled. At this location, it is a multi-level facility – three levels with loading at the dock so 18-wheelers can load straight off. It's great for commercial deliveries. There is a huge freight elevator that is inside of the building with 24-hour access with digital security; our gates don't close at 10 pm! Our security is top-of-the-line for all of our facilities. Security is huge for us – we want people to feel safe at all times!

### Storage is not just storage

People think it is all the same and it's not. I'm focused on customer service and so is Allen. We need to make sure all of our customers' needs are met.

We work for them and that's Allen's thought process and how he wants his customers to be treated. That's what made me come on board and work at StorageMax. He has the same values as I do. If you think about it, you have customers coming into our office that have gone through a death in their family and they have to move everything. So they are under tremendous amount of stress.

Then you have some that are unfortunately divorcing. So it takes a special person to sit across from these customers and really listen to their concerns and not to sell them on something they don't need, but truly help them find something they do need. That's the mentality of our business. It's the people on the inside caring about the people on the outside.

I love it! It's the satisfaction of a customer leaving and saying, "That was the easiest thing I had to do today." It's like a community. It's not just people putting stuff here – even the commercial customer. We take care of their inventory even if they are not here. We go the extra step to help them out with their deliveries. It's like a family here. There isn't a person that comes here that store's with us that we don't know their first name.

### They give back as much as they get

They give back to their community throughout the year in all their properties, helping to raise money for community charities, Toy For Tots, Pet Rescues, Easter Egg hunts and so much more ... getting involved is huge for them.

### STORAGE IS NOT JUST STORAGE – IT'S PEOPLE!

### IN ORDER TO TELL THE STORY OF OWNER ALLEN MASSEY, WE NEED TO GO ALL THE WAY BACK TO HIS BEGINNING, SO SIT BACK AND ENJOY HIS CONNECTION TO THE HAYES BARTON COMMUNITY.

Around the corner there was a hospital, Mary Elizabeth Hospital, off of Person Street, that is where I was born. I spent so much time at the Hayes Barton swimming pool when I was a kid because my grandparents and my great grandparents lived off of New Bern Avenue. That's where I fell in love with the Rolling Stones and my dad fell in love with my mom, who was a lifeguard at the pool.

Another fond memory is the Deveroux Meadow Baseball Field. My dad and grandfather would take me there a lot. You could almost see it from the pool where I spent many days.

In Five Points, where the gas station is today, it used to be the Yellow Cab Company and they sold Star Flight gas. My dad worked for my cousin at Star Flight gas in Wake Forest and I went to work for him when I was 10 years old. I remember I paved that parking lot in the heat of summer a few years later and I helped them re-pipe the gas tanks in the early '70s. I remember my mom would give me a coupon book, so for example, if I had a doctor appointment after school I would take the yellow cab and sign this little coupon ticket and give it to the driver ... it was like early Uber! Occasionally, I would be in the cab and my mom would call the dispatch service and they would pipe her into the cab radio and I would be talking to her in the cab ... it was like early Bluetooth!



### The beginning of StorageMax

My dad and I had a tire store in Wake Forest and there was vacant land next to it in the late '80s. The storage industry really started getting popular in the late '70s. I was thinking this might be a good thing to do on this property. So I built two small buildings (4,000 square feet) and was renting out units while still running the tire store. The storage business grew, so I added two more phases on that land and then bought a facility down the street. By that time, I had left the tire business and started doing storage full time. Then we purchased a facility in Roseville. The property on Gresham Lake Road we bought about 10 years ago and added on a two-story building and parking down the street. Then we bought Brentwood Road and built our three-story-high facility in Holly Springs. Eight locations in all!



# NEIGHBORHOOD NIGHT OUT EVENT AT BROVELLI'S OIL, VINEGAR & GIFTS

Professional photos by **Andrea Star**, BlueTopaz Media  
Written by **Angie Williams**

A short walk along the cobblestone roads on Blake Street in the heart of downtown Raleigh and around the old train depot, you will find our new sponsor, Barbara Swavely, who owns this amazing store filled with barrels of oils and vinegars that will add amazing tastes to any meal!

As you enter the shop, you will discover endless amounts of Italian sauces, noodles, sauces, dips, olives, seasonings, salts and well, you'll need to stop in to really capture everything there is.

The night was filled with wine tastings and pairings of foods. These



Owner and new sponsor Barbara Swavely along with son Jason Swavely and Jeanette Brognano.



Carol Anne Colone along with new sponsor: Life Planning/Wills & Trust: Steven Stewart and Justin Williams.



Nan and Jack Boyne along with out-of-town guests!



discoveries were new to many of the Hayes Barton residents and that was the reason for this event – to discover new ways to entertain your guests!

Barbara has an event calendar on her website where you can choose from a lineup of cooking and educational classes for all ages, taught by her talented staff and culinary specialists, as well as exciting store events. So check her out! You will find not only great ideas, but you will get to meet Barbara and find out how truly lovely and special she is! [brovellioil.com](http://brovellioil.com)

*A special Thank You to Carol Anne Colone of our Heritage magazine for stepping in for me as I was away for family memorials.*



Our Precious Pet sponsors, Paula and George Warren!



Mallory Houchin and son, from our new sponsor Dysart Willis, attended!

## WINNERS



Winner: Elizabeth Ramos will enjoy her free massage from our sponsor Active Chiropractic!



Winner: Jack Boyne starts his new year with a Crunch Fitness Select certificate from our new sponsor Crunch Fitness featured here with General Manager Lisa Seaman from Crunch Fitness Cameron Village.

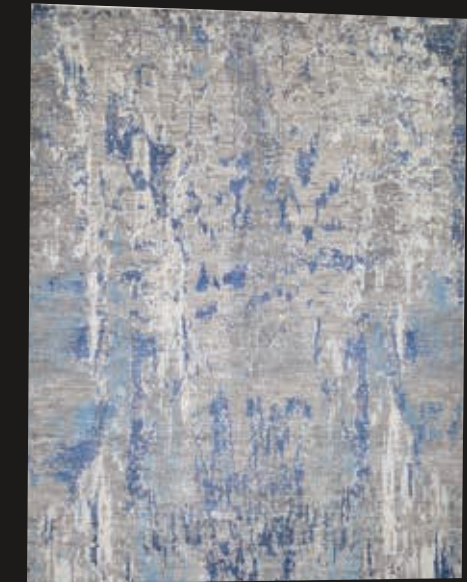


Winner: Nan Boyne will enjoy creating in the kitchen with her Brovelli's Oil gift package!



Winner: Allison Carter, our new sponsor with State Farm, will enjoy fresh food with her gift card and insulated bag from The Butchers Market.

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# Real Estate RESOURCE

The information contained herein has been obtained through sources deemed reliable by Neighborhood Networks Publishing, Inc., but cannot be guaranteed for its accuracy. Any information of special interest should be obtained through independent verification.



Address	List Price	Beds	Baths	SqFt	Closed
2417 Fairview	\$875,000	4	4	3,708	\$863,500.00
1849 Wilshire	\$649,000	4	3	2,844	\$640,000.00
1809 Glenn Ave.	\$670,000	4	4	2,892	\$600,000.00
1543 Carr	\$0	5	4	5,340	1,450,000.00
1824 Arlington	\$375,000	2	1	948	
1924 St Marys	\$639,900	3	3	2,444	
418 Bickett	\$749,900	4	4	2,516	
1018 Harvey	\$850,000	3	3	2,863	
1801 McDonald	\$859,000	4	4	2,802	
1602 Jarvis	\$1,674,900	5	6	5,038	
1520 Carr	\$1,798,000	5	5	5,700	
1535 Iredell	\$1,895,000	5	7	6,157	

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